



Dublin City Schools
Family & Consumer Science
Graded Course of Study
2022

Family & Consumer Science Vision

In Dublin City Schools, we believe that all students deserve experiential learning opportunities that support each child in their lifelong learning. The Family and Consumer Science curriculum provides our high school students with learning experiences that focus on the development of employability and leadership skills including, collaboration, building strong human connection, problem solving, and inclusivity. We believe that by teaching students these skills, they can transfer them to their future endeavors that may include education, entrepreneurship, enlistment and/or employment. We believe that each student who enters a Family and Consumer Science classroom deserves an opportunity to build leadership skills that will serve them now and in the future as independent members of the community.

Instructional Agreements:

- Experiential learning will be a cornerstone of learning within Family and Consumer Science, providing students with real-life learning that will serve their future.
- Students will be provided opportunities to connect their learning with their own experiences.
- Employability (soft) skills will be integrated into course instruction.

Future Proof

Future Proof Course Goals:

In this course, students will analyze interests, aptitudes and skills to prepare for careers that transition through life. An emphasis will be placed on work ethics, personal awareness, resource management, communication and leadership skills. Additional topics will include technology etiquette, financial wellness, and career planning.

Career Development		
Strand	Outcome	Competencies
<p>1. Career Development Develop skills in professionalism, leadership and communication, as applied to career planning and entrepreneurship, to succeed in educational and professional settings.</p>	<p>1.1. Personal and Professional Skills Develop personal and professional skills to transition through life.</p>	<p>1.1.1. Identify the knowledge, skills and abilities necessary to Succeed.</p> <p>1.1.3. Develop a networking plan to build and maintain professional Relationships.</p> <p>1.1.4. Explain the importance of work ethic, accountability and responsibility and demonstrate associated behaviors in fulfilling personal, community and workplace roles.</p> <p>1.1.5. Apply problem-solving and critical-thinking skills to issues when making decisions and formulating solutions.</p> <p>1.1.7. Give and receive constructive feedback to improve personal and professional habits.</p> <p>1.1.8. Adapt personal coping skills to adjust to life and workplace demands.</p>

	<p>1.2. Career Exploration Explore career opportunities that reflect personal interests, strengths, values, personalities, skills and abilities.</p>	<p>1.2.1. Develop a personal career inventory.</p> <p>1.2.2. Identify career pathways related to interests and talents.</p> <p>1.2.3. Research career opportunities and occupational projections.</p> <p>1.2.4. Develop a career plan.</p> <p>1.2.5. Determine the education, training, certification, licensure and experience requirements for selected careers.</p> <p>1.2.6. Set educational and volunteer goals that support progress toward meeting career goals.</p> <p>1.2.8. Write professional correspondence, job applications and resumés.</p>
	<p>1.3. Leadership and Communications Develop leadership, team building and communication skills to promote collaboration.</p>	<p>1.3.6. Use proper grammar and expression in all aspects of communication.</p> <p>1.3.7. Use consensus-building techniques to draw conclusions and determine next steps.</p> <p>1.3.8. Identify the strengths, weaknesses and characteristics of leadership styles that influence personal and professional relationships.</p> <p>1.3.9. Identify advantages and disadvantages involving digital and/or electronic communications.</p>

	<p>1.4. Resource Management and Information Technology</p> <p>Demonstrate current and emerging strategies and technologies used to collect, analyze, record and share information in personal and professional settings.</p>	<p>1.4.2. Select and use software applications to locate, record, analyze and present information.</p> <p>1.4.7. Use electronic media to communicate, following online etiquette guidelines.</p>
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Finance & Consumerism		
Strand	Outcome	Competencies
<p>4. Personal Finance and Consumerism</p> <p>Develop skills to achieve personal financial wellness and become an educated consumer.</p>	<p>4.1. Financial Goals</p> <p>Achieve financial goals to establish financial stability.</p>	<p>4.1.1. Identify the economic principles that affect the cost of living.</p> <p>4.1.2. Identify income sources and expenditures.</p> <p>4.1.3. Establish personal resources and evaluate their effects on earning potential.</p> <p>4.1.4. Compare gross and net income and identify the categories of deduction (e.g., union dues, retirement plans, garnishments).</p> <p>4.1.8. Set financial goals to influence current and future economic choices.</p> <p>4.1.9. Create a spending plan that reflects financial goals.</p>
	<p>4.2. Financial Services</p> <p>Analyze financial</p>	<p>4.2.1. Identify financial institutions and available services.</p>

	institutions and services.	4.2.2. List characteristics of reputable financial intuitions.
	4.3. Credit and Debt Analyze how credit and debt affect the achievement of financial goals.	4.3.1. Identify credit types and purposes for establishing credit. 4.3.2. Describe how reporting agencies use an individual's financial decisions to determine personal credit scores. 4.3.3. Describe how to secure and maintain credit. 4.3.4. Explain how credit ratings affect access to products, services and employment opportunities.
	4.4. Asset Protection Analyze risk management strategies used to protect assets.	4.4.4. Identify how to reduce risk of identity theft and rectify a compromised identity. 4.4.6. Select risk management solutions to protect personal property and assets.
	4.5. Purchasing Decisions Apply strategies to make purchasing decisions.	4.5.1. Compare products based on features, costs and benefits.

Lifestyle & Design		
Strand	Outcome	Competencies
5. Health and Wellness Develop wellness practices that promote a healthy lifestyle	5.1. Lifespan Wellness Adopt wellness practices at each stage of the lifespan.	5.1.1. Explain how the seven dimensions of wellness (i.e., emotional, environmental, intellectual, occupational, physical, social, spiritual) impact overall health.
	5.2. Physical Activity Promote a healthy lifestyle through physical activity, relaxation and sleep.	5.2.1. Describe the short- and long-term health benefits of physical activity, relaxation and sleep. 5.2.2. Compare exercise guidelines across the lifespan.

		5.2.8. Analyze the effects of stress and stress reducing activities on overall health.
6. Design Apply the principles of design to interior and exterior spaces and textiles.	6.3. Produce, Alter and Repair Textiles Produce, alter and repair textile products.	6.3.1. Select the type of production, alteration or repair needed based on the characteristics of woven, knit and non-woven textile products. 6.3.3. Develop textile products using the production sequence. 6.3.4. Alter and repair textile products. 6.3.5. Repurpose, redesign and recreate a textile product. 6.3.6. Determine the processes needed to protect and preserve products based on textile characteristics.
7. Living Environment Develop knowledge and skills to maintain a healthy living environment.	7.1. Living Environment Maintain a clean living environment.	7.1.1. Compare and select cleaning products based on price, availability and sustainable practices. 7.1.2. Describe the effects of cleaning products and methods on the environment and personal health.