

# Sports Physical Schedule

MAY 2022 – BY APPOINTMENT ONLY (MASKS REQUIRED)

## Ontario Health and Fitness Center

Tuesday, May 10, 2022 &  
Tuesday, May 24, 2022  
1750 West Fourth Street  
Ontario, Ohio 44906

## OhioHealth Grove City Health Center

Thursday, May 12, 2022  
2030 Stringtown Road  
Grove City, Ohio 43123

## OhioHealth Hilliard Health Center

Monday, May 16, 2022  
4343 All Seasons Drive  
Hilliard, Ohio 43026

## OhioHealth Rehabilitation - Circleville

Wednesday, May 25, 2022  
1280 North Court Street  
Circleville, Ohio 43113

## OhioHealth Dublin Methodist Medical Office

Tuesday, May 31, 2022  
7450 Hospital Drive  
Dublin, Ohio 43016

### Schedule – Appointments Only

<https://www.signupgenius.com/go/OHSM>



### Arrival Details

#### BY APPOINTMENT ONLY

- 5:30 PM – 7:20 PM (Ontario)
- 6 PM – 7:50 PM (All Other Sites)

• Please remain in your car until your scheduled time.

• Per OhioHealth COVID guidelines masks are **REQUIRED** in the facility.

• Please complete, sign and date all required sections of the physical form prior to your scheduled appointment. The COMPLETED and SIGNED physical form is REQUIRED in order for your athlete to receive a physical.

• Please be mindful that all facilities will be operating with normal patient care services prior to physicals.

• In some cases, normal patient operations such as emergency and urgent care services will continue during and after sports physicals.

NEED MORE INFO?

(614) 566.GAME (4263)

1(844) 360.GAME

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# Sports Physical

## INFORMATION TO KNOW BEFORE YOU ARRIVE

- **Why offer physicals?** *Sports physicals are best performed by the student-athlete's primary care physician (PCP).* However, station based physical exams administered by athletic trainers, physical therapists and fellowship-trained sports medicine team physicians provide an appropriate and complete alternative to physicals that would be provided by an urgent care or other convenience-based pharmacy/outpatient treatment setting. This sports physical (as well as ALL physician interaction during school coverage) is not meant to replace regular or as-needed visits to your PCP. Physicals and on-site school or event coverage by an athletic trainer and/or physician are simply an adjunct intervention in an area of specialty.
- **Who can attend these physicals?** These sports physicals are open to students of any middle schools, high schools or school districts that partner with OhioHealth. These exams are meant for athletes with **“clean”** medical histories and are used to screen for and detect medical or physical conditions that may put the student athlete at risk for future problems. **Any athlete who currently has a participation limitation for a medical condition/ injury/ illness/ COVID-19 or those with previously diagnosed medical conditions/injuries/illnesses, especially cardiac conditions or COVID-19 that might preclude or limit participation in sports, should not attend these screening exams.**
- **Are masks required?** Yes, per OhioHealth COVID guidelines masks are required to be worn the entire time you are in the medical facility.
- **How does scheduling work?** In order to ensure adequate staffing and maintain appropriate room capacities **no walk-ins will be accepted**. Please use the link or QR code on the front to schedule in advance.
- **Can I go to any of the dates listed?** Yes.
- **How long will the exam take?** We will do our best to move through as quickly as possible but understand that the physicians want to make sure each athlete gets all their needs addressed completely and thoroughly. Please wait in your car until your scheduled timeslot.
- **Will I be charged for this exam?** OhioHealth is offering these services at no charge to the affiliated schools. Individual schools and/or districts may charge a fee; however, all proceeds will go back to the respective school and/or district. All physicians that are working these physicals are volunteering their time.
- **Can I go with my child through the exam?** Yes, a parent/guardian is **ENCOURAGED** to go to all the stations with their son/daughter as well as be in the room during the physician exam. If a parent or guardian is NOT present **ALL pages of the approved physical form need to be fully completed, signed and dated in order for your athlete to receive a physical.**
- **What should I bring?** Prior to receiving a physical, the consent to treat and HIPAA authorization (typically pages 5-6 of the OHSAA physical packet) must be FULLY COMPLETED including SIGNATURES, DOB, DATED, school contact info, and grade. Per OHSAA rules, without a fully completed form, the athlete is ineligible to participate.
- **Our school is using Final Forms or another program, what do I need to bring?** Please check with your school's athletic director to see what physical form the school is requiring of their athletes. If the school is using an electronic form, **the health history, demographic, consent to treat, physical evaluation and HIPAA pages must be printed out prior to arrival** and brought for the physician to sign.

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