

Davis Middle School

Boys & Girls Cross Country Information

Head Coach:

Aaron McKenzie

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Summer Workout Schedule:

Optional Workouts will be held at Dublin Scioto High School every Tuesday, Wednesday and Friday from 08:00am - 9:15am beginning July 1 unless otherwise stated. If storms are in the forecast, make your own judgement on whether to attend or not. Meet at the path to the stadium in the student / athletic parking lot. Schedule is subject to change. (sign up for the Remind Account below to receive the most current announcements. Bring plenty of water and good running shoes.

- Direct Link found in XC section of website

Text **@davisxc to 81010** to enroll in Remind group texting service for the latest updates and communications

Practice Begins: August 3 @ 08:00am - 09:30am (Meet by the baseball field)

Cross Country Registration: Be sure to register on Final Forms prior to Aug 3 to participate in Cross Country this Summer & Fall. Make sure you have a copy of the OHSAA Physical on file with the Athletic Department prior to 1st day of practice.