

# Syntero Parent Presentation Series 2016-2017

## Setting Your Child Up for Success

### Building a Foundation: Fostering Resiliency to Last a Lifetime

Let's start at the very beginning, a very good place to start. Children are like sponges. Why not take advantage of their curiosity and begin developing skills which will launch them successfully in to their dreams and beyond? Join us for a discussion surrounding how to develop and maintain a firm foundation from which children can build skills to successfully navigate academics, relationships and whatever life brings their way.

**Date:** November 1, 2016

**Time(s):** 9:30am-11:00am  
7:00pm-8:30pm

**Location:** Dublin Recreation Center-Talla Rooms 2 & 3

### Transitions: Thriving and Not Just Surviving the Transition to Adolescence

The transition to adolescence and young adulthood is challenging for all involved. Changing roles, changing bodies, changing friends.....CHANGING!! During the time they push away the most, adolescents can truly benefit from consistent adult messages and supports. Join the discussion regarding how to foster continued growth in your child's ability to think independently, lead by example and learn from healthy boundaries.

**Date:** January 24, 2017

**Time(s):** 9:30am-11:00am  
7:00pm-8:30pm

**Location:** Dublin Recreation Center-Talla Rooms 2 & 3

### Leaving the Nest: FREEDOM... Let Them Fall and Watch Them Soar

"Let it go". Easier said than done sometimes. Nurturing, protecting, trying to stop them from falling can become a habit. However, it remains unrealistic to expect to protect young adults from EVERY potential challenge, heartache, and failure which they may encounter in life. Join the discussion regarding ways to promote your child's independence, perseverance and success.....even when you're not there.

**Date:** March 7, 2017

**Time(s):** 9:30am-11:00am  
7:00pm-8:30pm

**Location:** Dublin Recreation Center-Talla Rooms 2 & 3



### Syntero Office Locations

#### Syntero – Dublin

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